

LESSON 12

Sacraments: Streams Of Life-Giving Water

I. What children should understand:

1. Conviction

- Jesus gives us the water of life – the divine life.
- Jesus instituted the sacraments to give divine life.
- Through each sacrament God's divine grace flows into us.

2. Attitude

- We must receive the sacraments in a worthy manner.
- We must grow in divine life after receiving the sacraments.

3. Habit

- Let us thank God who instituted the sacraments.
- We will try to understand the meaning of sacraments.
- We will receive sacraments worthily.

II. Teaching aids:

New testament, the song - 'nattucha nerathu kinattinte theerathu', Photos of different sacraments, the song – 'orma vecha naal muthal'.

III. Presentation of the lesson:

Start the class by singing the song – 'nattucha nerathu kinattinte theerathu'. This is a very famous old song. The song is about the conversation between Jesus and a Samaritan woman. Start the lesson after the song.

IV. Activities related to the lesson:

a. Let us find out the answers

1. Sacraments are the visible signs, instituted by Jesus Christ, signifying and giving the invisible divine life.
2. There are seven sacraments. They are, Baptism, Confirmation, Holy Qurbana, reconciliation, anointing of the sick, holy orders and marriage.
3. The sacraments, which can be received only once are baptism, confirmation and holy orders.
4. We receive God's grace/divine life through sacraments.

b. Say whether right or wrong

1. Right
2. Wrong
3. Right
4. Right
5. Right

c. Write in the proper order

1. Baptism
2. Confirmation
3. Holy Qurbana
4. Reconciliation
5. Anointing of the sick
6. Holy order
7. Matrimony

d. My decision

Give children the necessary instruction and training to participate devotedly in all sacraments and ceremonies in the church.

V. Corelated Activities:

a. Let us sing and learn.

Write the song – ‘Orma vecha naal muthal’ in a chart and sing with children. Based on the song, let the children share their dreams and expectations about receiving holy communion. Tell children about good experiences of Holy Communion.

b. Let us say and listen

Children must have seen the administration of sacraments, anointing of sick, holy order, marriage etc. Let them explain about that which will be a good experience. Necessary correction and addition can be given.

c. More questions

1. In which place is the well where Jesus sat?
2. What does Jesus do through sacraments?
3. How can we divide sacraments in sets? Which are they?
4. Which are the sacraments that can be received frequently?
5. What does divine life make us into?