

LESSON 7

Commandments – The Ways Of Life

I. What children should understand:

1. Conviction

- God has given us commandments.
- If we obey the commandments, we will be God's own people.
- God's commandments are the pointers in our journey to heaven.

2. Attitude

- We must obey God's commandments.
- We must love God by keeping God's commandments.
- We must try to follow the rules and not disobey.

3. Habit

- I will learn and keep God's commandments.
- I will try to learn the meaning of God's commandments.
- I will obey God's commandments.

II. Teaching Aids

Holy Bible, Card board or chart with 10 commandments written on that, A small bottle with paper slips where numbers 1 to 10 are written.

III. Introduction of the lesson

Arrange a familiar game. Explain rules of the game clearly. Have a discussion after the game. What will happen if there is no rule in the game? What will happen if the rule is not understood properly? Then we cannot play the game fairly.

The game will not be successful. Another Example – What will we do to know the way when we go to any place? Will ask someone. We will observe the boards kept on the way. Thus we will reach the destination through the correct path.

Like this, God gave his people certain instructions to keep and live accordingly. These are the commandments. Then enter into the lesson.

IV. Activities related to the lesson:

a. Let us find out the answers

1. God gave the Ten Commandments to Moses at Mount Sinai.
2. If we listen to God's word and keep His covenant, we will be His most beloved people.
3. Ten Commandments can be contained in two commandments. You shall love the Lord your God above all. You shall love your neighbour as yourself.
4. God's commandments are ways of life.

b. Riddle

Answer: Ten Commandments

c. My decision

Before children take the decision to live obeying God's commandments, explain about them. Explain and make the children understand the situation about the commandments which are more appropriate to them. For example: Honour your father and your mother – should give respect to parents, old people, elders. You shall not steal – don't take the things of others without permission. Don't make others things your own. Don't spend extravagantly. Don't be adamant for that.

V. Co-related Activities:

a. Know the rules

Are there rules in school? What are they? Why do we obey them? Where else are there rules? Discuss. They all are made by men. It is necessary to obey them. God's commandments are made by God. It is very much necessary to obey them.

b. Let us learn and play

This is a test game. Ask children to sit in a circle as we do for ball passing game. A small bottle, with paper slips on which numbers 1 to 10 are written, is passed among children. The child who has the bottle while clapping, has to take one slip from the bottle and say loudly the God's commandment of that number. The game continues. Conduct this play only after the children learn the commandments.

c. More questions

1. On what did God give the ten commandments to Moses?
2. What should we do to grow in divine life?
3. What does the God's commandments teach us?